







COastal Management and MOnitoring Network



Beach litter monitoring

for citizen science activities

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The Beach Litter monitoring proposed in this guide is a citizen science activity. Citizen science is the way in which people can meet science; it is aimed to involve public in science activities. The data collected by citizens are very important but, to be used in a proper way and to be scientifically reliable, they have to be taken very carefully. It is very important to follow the protocol and to be scrupulous in the counting and subdivision of the litters found in the list of items.

Beach litter's monitoring data allows to get preliminary information for the study of the beached garbage phenomenon, and particularly focusing on quantity, trend and possible sources, in relation with the European Directive about Marine Strategy (2008/56/CE).

The information that we will obtain through these samplings, will be useful to survey the amount of trash thrown into the marine environment but also its source and to act for finding specific solutions and for changing behaviours.

The protocol is the same as the one proposed by the **European Environment Agency in the MarineLitter Watch program** and it is used by other NGOs and research institutes.

Make sure that the survey will not pose any threat to endangered or protected species and their habitats, such as sea turtles, seabirds or shore birds, marine mammals or sensitive beach vegetation; in many cases, this would exclude protected areas but it depends on local management arrangements.

Reminder

- 1. Investigation area has to be a "free" beach, therefore not subject to periodic garbage collection; furthermore the beach must not have been cleaned close to the monitoring day; however, if the beach has been cleaned recently, please specify it in the note.
- 2. The investigation area's **length** must be **100 meters**, the same for all the beaches analysed, and cover the entire beach width, from the shoreline to the end of the beach identified with: beginning of vegetation, dunes, base of the cliff, road or other anthropic structures.
- cliff, road or other anthropic structures.

 3. Walk through the sampling area, taking note on the form of all the founded objects. It could be simpler also clean up the beach, then take note about the trash, and count them after, in a second time.
- **4.** All the solid trashes standing on the beach surface, visible on the strand, even partially covered by the sand, must be counted, without digging.

- **5.** For the trashes recording, use the sampling categories following the sampling sheet. You can follow the photo guide.
 - 6. Before monitoring remember to fill in the form of the beach in all its parts.
 - 7. It is good practice to remove waste during or after monitoring.

NB

- There are no upper size limits to litter recorded on beaches. A **lower limit of 2,5 cm** in the longest dimension is recommended for litter items monitored during beach surveys. This would ensure the inclusion of caps & lids and cigarette butts in any counts.
- Fragments or pieces that can be connected to specific objects must be considered as such (ex. Piece or bottoms of a glass bottles must be catalogue like Glass bottle).
- In case of unusual or unknown objects, take a picture.
- Please read the list carefully the list before starting the monitoring.
- From this year, we'd like to take note also about the compostable and biodegradable bags, as well as disposable gloves and masks, important PPE to stop the spread of the pandemic but which are unfortunately found dispersed in the environment.

WARNING! Please do carefully the waste count in particular for little items, avoiding estimations or approximation. This, in particular, for small items (e.g. cigarette butts, cotton buds...): if they are many try to count them all – if possible! -, without making excess estimates.

To send the data go to the section "Beach litter" at this link https://docs.google.com/forms/d/e/1FAlpQLSdjCAukWp-zWg0-ZD_krOrL7NHrngmY6oo7BPdy0JuTufpdAw/viewform?usp=sf_link, and report what you wrote in your paper card on the beach. For info and to send your pictures write to scientifico@legambiente.it.

The personal safety is the most important thing!

MATERIALS AND EQUIPMENTS

- Digital camera
- Hand-held GPS (or corresponding)
- Meter (at least 100 mt)
- Flags

- Tape for delimiting the area
- Gloves
- Recording sheets
- Rubbish bags to collect the monitored waste











Print and use the following tables during monitoring activities.

Beach identity sheet			
Country	Event date		
Region	Contact person		
Province	Telephone		
Municipality		Mail	
Name of the beach	k evlovni elqoeq °N		
	nvestigation area's coordinat	es (ex: 41.501298, 12.58	-
ST	ART		END
Latitude	Longitude	Latitude	Longitude
Effective width of the in	vestigation area.	100 mt V	mt
Effective width of the in-	vestigation area.	100 IIIt X.	
	Description	of the beach	
	·		
Type of sediment: sand -	- pebbles – other (mixed)		
Characteristics1: urban area, rural area, near river mouth, protected area, industrial area, other			
Beach of bathing use?			
Characteristics2: other (for example the presence of landfills, jetties, docks or flange barriers)			
NOTES:			
	+ alaamad2 14/a - 4laam - aa - 1991 -		
	t cleaned? Weather conditio ence the presence of waste o		

WASTE RECO	WASTE RECORD SHEET			
Items	Total number of objects			
Artificial polym	er materials			
4/6-pack yokes & six-pack rings				
Plastic Shopping/carrier/grocery bags				
Small plastic bags				
The part that remains from tear-off plastic bags				
Plastic Drink bottles <=0.5l				
Plastic Drink bottles >0.5l				
Plastic bottles and containers of cleaning products				
Food containers				
Plastic beach use related body care and cosmetic bottles and containers				
Plastic Non-beach use related body care and				
cosmetic bottles and containers				
Other plastic bottles & containers (drums)				
Plastic Engine oil bottles & containers <50 cm				
Plastic Engine oil bottles & containers >50 cm				
Plastic jerry cans				
Plastic injection gun containers/cartridges				
Plastic Crates, boxes, baskets				
Vehicle parts				
Plastic caps/lids drinks				
Plastic caps/lids chemicals, detergents (non-food)				
Plastic caps/lids unidentified				
Plastic rings from bottle caps/lids				
Tobacco pouches/plastic cigarette box packaging				
Cigarette lighters				
Tobacco products with filters (cigarette butts with filters)				
Pens and pen lids				
Combs/hair brushes/sunglasses				
Plastic Crisps packets/sweets wrappers				
Plastic lolly & icecream sticks				
Toys and party poppers				
Cups and cup lids in polystyrene				
Cups and cup lids in plastic				
Plastic cutlery				
Plastic plates and trays				
Straws				
Stirrers				
Plastic heavy-duty sacks				
Mesh bags				
Gloves (household/dishwashing, gardening)				
Gloves (industrial/professional applications)				

Plastic Crab/lobster traps (pots) and tops	
Tags (fishing and industry)	
Plastic Mussels/oyster mesh bags, net sack, socks	
Plastic Oyster trays	
Plastic sheeting from mussel culture (Tahitians)	
Rope (diameter more than 1 cm)	
String and cord (diameter less than 1cm) not from dolly or unidentified ropes	
Nets and pieces of net < 50 cm	
Nets and pieces of net > 50 cm	
Tangled nets/cord	
Fish boxes - plastic	
Fish boxes - foamed polystyrene	
Fishing line	
Plastic Fishing light sticks / fishing glow sticks incl. packaging	
Other fishing related litter items (e.g. other than fishing line)	
Plastic Floats for fishing nets	
Plastic Buoys	
Fenders	
Buckets	
Plastic strapping bands	
Sheets, industrial packaging, plastic sheeting	
Fibreglass items	
Headwear	
Shotgun cartridges	
Other shoes made of plastic (not flip flops)	
Traffic cones	
Foamed plastic items and fragments not made of foamed polystyrene	
Foamed plastic used for packaging and/or	
insulation	
Plastic pieces (between 2,5 cm and 50 cm)	
Plastic pieces > 50 cm	
Polystyrene pieces (between 2,5 cm and 50 cm)	
Polystyrene pieces > 50 cm	
CDs & DVDs	
Commercial plastic salt packaging	
Fin trees (from fins for scuba diving)	
Masking/duct/packing tape	
Telephone (incl. parts)	
Plastic construction waste	
Plastic containers for plants	
Containers for seedlings in polystyrene	

Biomass holder from sewage treatment plants and aquaculture	
Bait containers/packaging	
Cable ties	
Plastic cotton bud sticks	
Sanitary towels/panty liners/backing strips	
Toilet fresheners	
Plastic Diapers/nappies	
Syringes/needles	
Plastic Medical/pharmaceuticals containers/tubes/packaging	
Plastic Dog/pet faeces bag	
Flip-flops	
Tampons and tampon applicators	
Wet wipes	
Plastic remains of fireworks	
Other plastic/foamed polystyrene items (identifiable)	
Plastic sheets for greenhouses	
Plastic pipes for irrigation systems	
Other accessories for agricultural use	
Other items for personal care and hygiene	
Other medical articles made of plastic (plasters, bandages, etc.)	
Disposable gloves	
Masks (surgical, FFP2 etc.)	

Rubber		
Balloons		
Balls		
Footwear		
Tyres		
Belts		
Inner-tubes		
Rubber sheet		
Rubber band (small, for kitchen/household/post		
use)		
Condoms (incl. packaging)		
Other rubber pieces (identifiable)		

Cloth/textile		
Clothing		
Footwear		
Backpacks & textile bags		
Hessian sacks/packaging		
Carpet & Furnishing		
Sails, canvas		
Other textiles		

Paper/Cardboard		
Paper bags		
Cardboard boxes		
Paper packaging		
Cartons/tetrapack Milk		
Cartons/tetrapack (non-milk)		
Cigarette packets		
Cups or drink containers		
Paper plates and trays, food paper, beverage		
containers		
Newspapers & magazines		
Tubes and other pieces of fireworks ©		
Paper fragments		
Cotton bud sticks		
Other paper items (identifiable)		

Processed/worked wood		
Corks		
Pallets		
Crates, boxes, baskets		
Crab/lobster pots		
Fish boxes		
Ice-cream sticks, chip forks, chopsticks, toothpicks		
Fire matches & fireworks		
Other wood < 50 cm		
Other wood > 50 cm		

Metal			
Aerosol/spray cans			
Cans (beverage)			
Foil wrappers, aluminium foil			
Bottle caps, lids & pull tabs from cans			
Disposable BBQs			
Appliances (refrigerators, washers, etc.)			
Tableware (e.g. plates, cups & cutlery)			
Fishing related weights/sinkers, and lures			
Industrial scrap			
Drums & barrels			
Other cans			
Paint tins			
Wire, wire mesh, barbed wire			
Vehicle parts/batteries			
Cables			
Household batteries			
Other metal pieces < 50 cm			
Other metal pieces > 50 cm			
Straws			
Cookware			

Wheels with metal centre			
Glass/co	eramics		
Bottles			
Jars			
Light bulbs			
Tableware (plates/cups/glasses)			
Construction materials (bricks, tiles, cement)			
Fluorescent light tube			
Octopus pots			
Pieces of glass			
Other glass items (identifiable)			
Other ceramic/pottery items			
Chemicals			
Wax/paraffin and candles			
Food waste			
Food waste			
Bioplastics			
Bioplastic bags and shoppers			

Other bioplastic objects (identifiable but not

listed)